

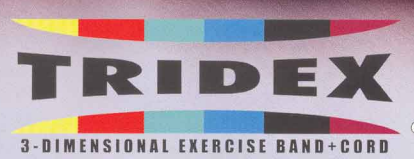
Made in England 



TRIDEX[®] made in England

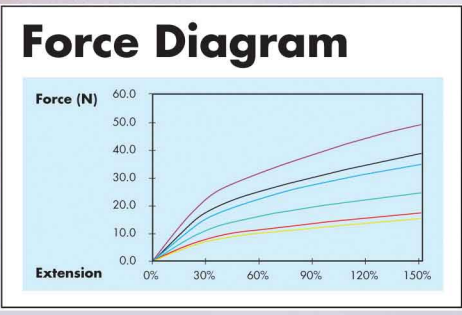
England

COMPLIANT WITH
93/42 CEE
MEDICAL DEVICE
CLASS I



Band

- Suitable for Therapy, Sport and Fitness training.
- Providing 1.5m, 5m and 25m in length.
- Combi strap, Shin pad and foam handle to enhance the variety of exercises.
- Various tensions allow user to progress according to fitness conditions.



The Strength of TRIDEX Band

Colour	Strength	Length & Code			
Yellow	Extra Light	1.5meter	5meter	25meter	
Red	Light				
Blue	Medium				
Green	Strong				
Black	Extra Strong				
Plum	Super Strong				

The Length of TRIDEX Band

1.5meter



5meter

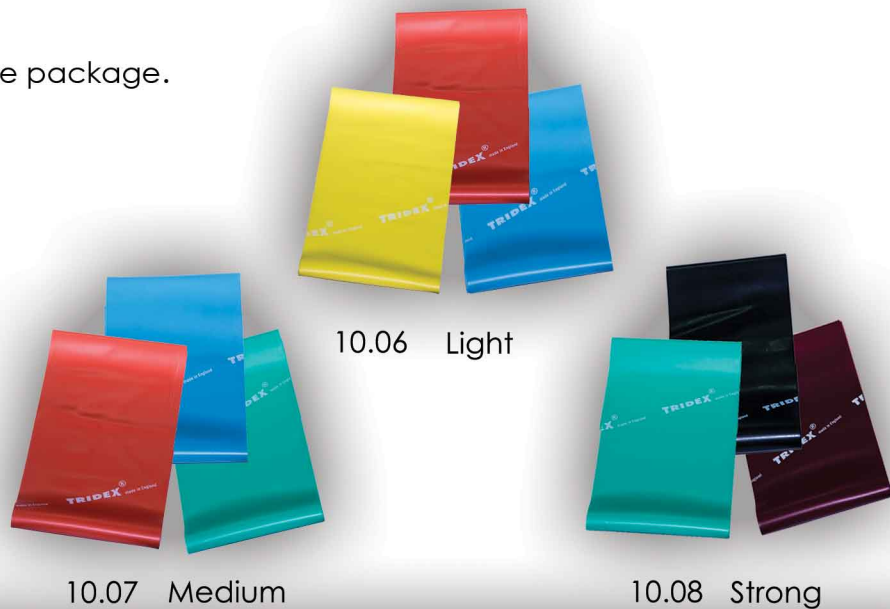


25meter



TRIDEX Band Trio

The combination of 3 types of strength in one package. (1.5meter each)



The Accessories



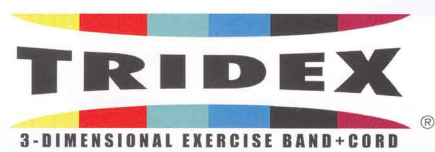
11.90 Deluxe foam handle in pair



11.91 Combi Strap



11.92 Shinpad



Cord

COMPLIANT WITH

93/42 CEE
MEDICAL DEVICE
CLASS I

- Versatile and Flexible to use with the particular adoption of the snap hook solution.
- Suitable for Therapy, Sport and Fitness training.
- 35cm to 140cm long cords fitted with snap hooks allow the use of many accessories.
- Combi strap , Shin pad and also foam handle to enhance the variety of exercises.
- 4 Effective resistances in any customized length is suitable for all situations.



TRIDEX Cord with fixed deluxe handles

Deluxe foam handles are fixed to 120cm long tube.

Colour	Strength	Length & Code	
Red	Light	120cm 10.31	
Green	Medium	120cm 10.32	
Blue	Strong	120cm 10.33	
Black	Extra Strong	120cm 10.34	

TRIDEX Cord with 2 hooks

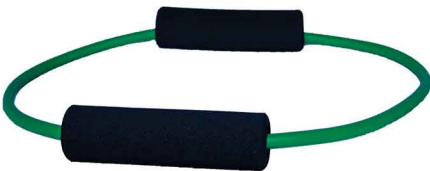
Available in 3 different lengths in 35cm, 120cm and 140cm. User may choose suitable tensions at desired lengths to be used with deluxe foam handles, combi straps or shinpad for a variety of exercises.



Colour	Strength	Length & Code			
Green	Medium	11.52	11.62	11.72	
Blue	Strong	35cm 11.53	120cm 11.63	140cm 11.73	
Black	Extra Strong	11.54	11.64	11.74	

TRIDEX Loop

Length of 85cm with a foam handle attached at each side forming a loop design for easier usage and variety of exercises. Available in 3 different tensions.



Colour	Strength	Length & Code	
Red	Light	10.42	
Green	Medium	85cm	10.43
Blue	Strong	10.44	

TRIDEX Lexcord

Length of 100cm attached with 2 foam handles, simplified into a fit size design available in 3 different tensions.

Colour	Strength	Length & Code	
Red	Light	10.52	
Green	Medium	100cm	10.53
Blue	Strong	10.54	



The Accessories



11.90 Deluxe foam handle in pair



11.91 Combi Strap



11.92 Shinpad



Squeezed~
Twisted~
Pinched~

4D Putty

- 4D PUTTY is a resistive exercise putty with excellent quality and consistence.
- 4D PUTTY is clean, non toxic, non oily and will leave no colour or residue on the user.
- Each colour signifies a specific stiffness and strength for different needs by the user.
- Ideal for improving strength in fingers and hands for both children and adults.
- 4D PUTTY is designed to be squeezed, stretched, twisted, pinched and many movements.
- 4D PUTTY is a great tool for strengthening and fine motor training as defined by healthcare professionals.

Colour	Strength	Weight & Code					
Pink	Extra Light		13.00		13.10		13.20
Yellow	Light		13.01		13.11		13.21
Red	Medium	65gram	13.02	100gram	13.12	450gram	13.22
Green	Strong		13.03		13.13		13.23
Blue	Extra Strong		13.04		13.14		13.24





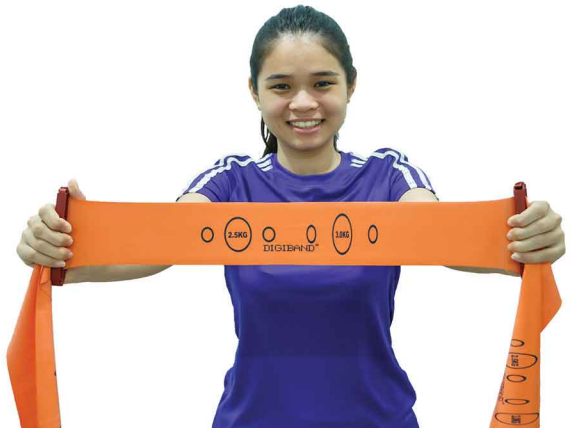
DIGIBAND®

Resistance band with digital force indicator for daily fitness training and therapy

Elastic resistance bands have been used in therapy , sport and daily fitness training for around 20 years. This practical device has now been refined. The powermarking specially printed on the DIGIBAND, is a unique feature when the oval has changed into a circle by pulling the band

It shows that the desired strength indicated has been applied. So it is now possible to work out with precision ,to repeat the exercise accurately and to measure the training success.

Colour	Strenght	Weight	Lenght & Code			
Yellow	Medium	1.0 - 1.5 kg		12.01		12.11
Jade Green	Strong	1.5 - 2.0 kg	2.4meter	12.02	25meter	12.12
Orange	Very Strong	2.5 - 3.0 kg		12.03		12.13
Ruby Blue	Super Strong	3.4 - 5.0 kg				12.14





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